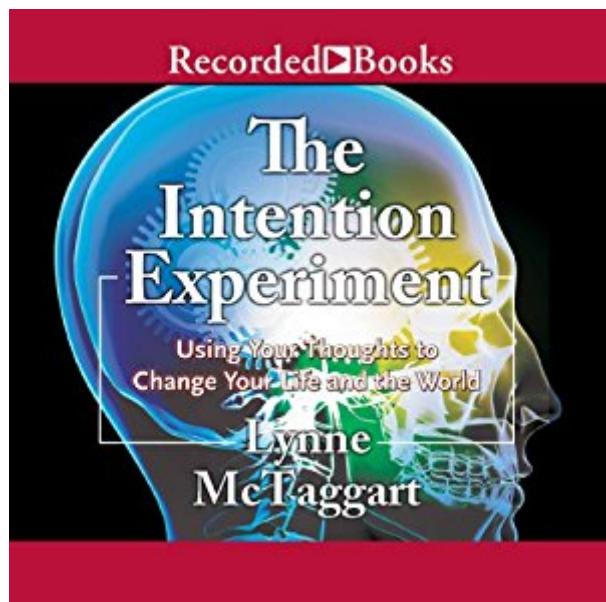


The book was found

The Intention Experiment: Using Your Thoughts To Change Your Life And The World



Synopsis

Ever wondered if your intentions, prayers or wishes have a real, calculable effect on the world? Here, from Lynne McTaggart, groundbreaking author of 'The Field', comes riveting accounts of scientific investigations and real case histories with evidence that we are all connected and our intentions can be harnessed as a collective force for good. For the last 40 years renegade scientists, experimenting with the limits of quantum physics, have made seemingly impossible discoveries. 1966: a lie-detector expert accidentally discovers that plants can read thoughts. 1982: meditating Buddhist monks in the Himalayas turn their bodies into a human furnace. 1994: a psychologist's experiments reveal a stream of light flowing from healers during healing. These events form part of an extraordinary scientific story and revolutionary discovery - that thought is a thing that affects other things. In *The Intention Experiment*, Lynne McTaggart, author of the international bestseller *The Field*, joins forces with a team of international, renowned scientists to test the effects of focused group intention on scientifically quantifiable targets - animal, plant and human. *The Intention Experiment* is a truly revolutionary book that invites you, the reader, to take part in the greatest intention experiment in history. The results of McTaggart's 'global laboratory' started with the focused intention that made a geranium leaf glow to evidence to show that group intention is powerful enough to affect targets more than 5000 miles away and may even affect global warming. These remarkable results prove human thought and intention has the power to focus our lives, heal our illnesses, clean up our communities and improve the planet. This book also shows you how to harness that power to make changes in your own life.

Book Information

Audible Audio Edition

Listening Length: 10 hours and 54 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Recorded Books

Audible.com Release Date: April 14, 2008

Whispersync for Voice: Ready

Language: English

ASIN: B0017TZJJA

Best Sellers Rank: #53 in Books > Audible Audiobooks > Science > Physics #75 in Books > Science & Math > Physics > Quantum Theory #82 in Books > Religion & Spirituality > Occult &

Customer Reviews

The preface to "The Intention Experiment" is pivotal to understanding this book's purpose. In it, Lynne McTaggart explains that, in previously writing "The Field," she aimed to make sense of all the ideas from ongoing research into quantum physics and, ultimately the implications of the Zero Point Field for human life and consciousness. The response to "The Field" was more than gratifying, yet McTaggart felt that her own journey of discovery had just begun. The scientific evidence she had amassed suggested something remarkable about our potential to affect reality, but left her with many unanswered questions. Hence her current book, "The Intention Experiment." McTaggart still does not claim to have all the answers. In fact, the earlier part of the book describes her renewed search for answers. Anyone who has read "The Field," is an experienced meditator, a healer, practiced in qigong and/or has had unexplained experiences themselves will need no further persuasion that intention is a real force: targeting your thoughts actually works. However, the early chapters are replete with ongoing research into consciousness and human intention that will challenge the hardest sceptic. Not light reading, with all the protocol details and statistics, but there are some staggering revelations. We are certainly far more than we think we are. The author's description of the intention experiment she negotiated with eminent German scientist, Franz Albert Popp is highly significant (especially his courage in agreeing to it in the first place.) McTaggart admits beguilingly that she was deflated after they had discussed the likely target. "For our experiment, I had wanted to help heal burn victims, to save the world from global warming.

"We can no longer view ourselves as isolated from our environment and our thoughts the private, self-contained workings of an individual brain. Dozens of scientists have produced thousands of papers in the scientific literature offering sound evidence that thoughts are capable of profoundly affecting all aspects of our lives. As observers and creators, we are constantly remaking our world at every instant. Every thought we have, every judgment we hold, however, unconscious, is having an effect. With every moment that it notices, the conscious mind is sending an intention." - From the book What if eggs registered a cry of alarm, then resignation, when one of their number was dropped in boiling water? What if you could change the shape of your bicep muscle simply by sitting on a couch and using your brain? What if plants could learn to differentiate between true and artificial human intent--a plant "learning curve"--such as a researcher *thinking* about lighting a match under one of its leaves, but not intending to actually do it? What if directed thoughts produce

demonstrable physical energy, even over a remote distance--perhaps altering the very molecular structure of the object of intention? Can praying for 4,000 patients with hospital-acquired infections affect their healing and recovery--when prayed for *4-10 years after their hospitalization*? Do these questions sound like plots out of a sci-fi novel to you--or perhaps ridiculous notions from New Age space cadets? What if these concepts were actually the quantifiable results of rigorous scientific studies?

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